A hybrid algorithm combining population pharmacokinetic and machine learning for isavuconazole exposure prediction

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- 35 Data generated for this study are available upon request to the corresponding author.

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- 37 AD, JBW contributed to the conception and design of the study, analysis and interpretation of data,
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45 Abstract

46

47 **Objectives**

Maximum a posteriori Bayesian estimation (MAP-BE) based on a limited sampling strategy and a population pharmacokinetic (POPPK) model is used to estimate individual pharmacokinetic parameters. Recently, we proposed a methodology that combined population pharmacokinetic and machine learning (ML) to decrease the bias and imprecision in individual iohexol clearance prediction. The aim of this study was to confirm the previous results by developing a hybrid algorithm combining POPPK, MAP-BE and ML that accurately predicts isavuconazole clearance.

55 Methods

56 A total of 1727 isavuconazole rich PK profiles were simulated using a POPPK model from the

57 literature, and MAP-BE was used to estimate the clearance based on: (i) the full PK profiles

58 (refCL); and (ii) C24h only (C24h-CL). Xgboost was trained to correct the error between refCL

and C24h-CL in the training dataset (75%). C24h-CL as well as ML-corrected C24h-CL were

60 evaluated in a testing dataset (25%) and then in a set of PK profiles simulated using another

61 published POPPK model.

62 Results

A strong decrease in mean predictive error (MPE%), imprecision (RMSE%) and the number of
profiles outside ±20% MPE% (n-out20%) was observed with the hybrid algorithm (decreased
in MPE% by 95.8% and 85.6%; RMSE% by 69.5% and 69.0%; n-out20% by 97.4% and 100% in
the training and testing sets, respectively. In the external validation set, the hybrid algorithm
decreased MPE% by 96%, RMSE% by 68% and n-out20% by 100%.

68 Conclusion

69 The hybrid model proposed significantly improved isavuconazole AUC estimation over MAP-

70 BE based on the sole C24h and may improve dose adjustment.

72 Study Highlight

73 - What question did this study address?

This study evaluated the performances of a hybrid model combining population
pharmacokinetics (POPPK) and machine learning to improve individual isavuconazole
clearance estimation in comparison to POPPK alone.

77 - What does this study add to our knowledge?

A decreased by about 90% and 70% of the bias and imprecision was observed in comparison
to the MAP-BE alone for prediction based on trough concentration.

- 80 How might this change drug discovery, development, and/or therapeutics?
- 81
- The hybrid model developed may spearhead a new generation of tools for MIPD in routinepractice.

85 1. Introduction

86 The use of model-based precision dosing (MIPD) to individualize the dose of drugs in addition to therapeutic drug monitoring (TDM) is used in many fields such as transplantation 87 88 or infectious diseases, for example [1–6]. It relies on population pharmacokinetics (POPPK) 89 models and Bayesian estimators (MAP-BE) [7,8] based on priors and a limited sampling 90 strategy (LSS) and allows to estimate individual pharmacokinetics parameters (e.g. distribution volume or clearance...) and/or exposure indices as the area under the curve 91 92 (AUC). However, the POPPK models and MAP-BE have some limitations including a systematic deviation toward the typical parameters in the case of a few individual 93 94 information called eta-shrinkage. Since recently, the use of the machine learning (ML) 95 algorithms in medicine and particularly in pharmacology has increased [9]. Different use of 96 ML has been proposed including a direct estimation of the drug exposure [2], estimation of 97 PK parameters [10] or of dose proposals [5] for several drugs. Despite the high performances 98 of ML algorithms in terms of accuracy, they also exhibited limitations ("black box", less 99 flexible with respect to sampling times, no possibility of carrying out simulations...). Recently, 100 studies have proposed to combine the 2 approaches (POPPK and ML) in different ways to 101 overcome these limitations: (i) to select pertinent covariates [11] (ii) to flat prior in some 102 patients [12] (iii) to improve antibiotics clearance estimation after POPPK estimation with 103 covariates [10] (iv) to correct the bias in the tacrolimus trough concentration (C0) after MAP-104 BE estimation [13]. In a previous study, we propose an hybrid algorithm that use combine a 105 POPPK model and a machine learning algorithm [14]. Briefly, based on simulations from a 106 literature POPPK model of iohexol [4], a ML algorithm was trained to predict the bias 107 between the CL obtained from simulated full PK profiles and the CL obtained after MAP-BE 108 based on a three-points LSS. Then the CL obtained by the LSS in an external set were 109 corrected by the ML algorithm leading to a decrease in bias and imprecision by 40.5% and 110 23.8% respectively in comparison to the MAP-BE & LSS alone. To confirm the results 111 previously obtained, we selected a new case study for isavuconazole. Isavuconazole (ISA) is a 112 second-generation triazole antifungal agent, indicated for the treatment of invasive fungal infections such as aspergillosis and mucormycosis [15]. ISA is a substrate and moderate 113 114 inhibitor of cytochrome 3A4/3A5 and is subject to numerous drug-drug interactions [16]. It is 115 considered to exhibit stable pharmacokinetics [17,18] and to be equally effective as, but safer than, other triazole antifungal agents (less hepatotoxicity, neurotoxicity and cardiac
toxicity) [19]. However, the relationship between ISA exposure and toxicity is still the subject
of debate and conflicting studies [20,21]. But in routine care, CO was used to monitor the
isavuconazole exposition.

120 The aim of this work was to develop a hybrid model based on POPPK and ML algorithm to 121 correct the CL estimation bias in the MAP-BE & LSS based on 1 sample (and the 122 isavuconazole estimation of exposure).

123 2. Material & Methods

124 2.1

125

126

2.1. Population Pharmacokinetic

2.1.1. Data simulation and estimation of clearance using MAP-BE

127 The population parameters and relevant covariates of the POPPK model developed by Wu et 128 al. [22] using 471 samples from 79 solid organ transplant patients were used to simulate 129 2000 rich PK profiles at steady-state for a typical dose of 200 mg once daily administered by 130 intravenous infusion over one hour. Each profile was made up of 49 concentration-time 131 points between 0 and 24h (one every 30 minutes) simulated using the 'mrgsolve' R package 132 [23]. The sex ratio was 50/50 and the body mass index (BMI) was simulated based on a 133 truncated normal distribution using the data of the original article (mean \pm SD [min to max] = 134 25.4 ± 5.96 [14.6 to 45.2] (as no information was provided in the original article about the 135 correlation between sex and BMI, the same BMI range was used for both men and women). 136 Briefly, the model consisted of a 2-compartment model with inter-individual variability on 137 the apparent clearance (CL) and peripheral volume of distribution (V2), 2 covariates (sex and 138 BMI) and a proportional residual error. ISA clearance (CL) was almost twice higher in men than in women and the V2 increased with BMI. Filters were applied to the simulated PK 139 profiles by removing those with CL and V2 below the 1st and above the 99th percentiles, to 140 141 eliminate extreme outliers.

The MAPBAYR package, was then used to estimate the individual PK parameters and individual concentrations using MAP-BE based on: (i) the simulated full PK profiles to derive the reference clearance values (refCL) and (ii) the simulated trough concentrations to derive C24h-CL (the degraded estimates to be corrected using the hybrid strategy). The simulated

- full PK profiles that failed to be processed by MAPBAYR were removed (in these patienttypical population parameters values are given by the program).
- 148 2.2. Machine Learning
- **149** 2.2.1. Preparation of the Data and Feature Engineering

150 The raw estimation error between refCL and C24h-CL was calculated using the following151 formula:

$$Error = refCL - C24hCL$$

152 This error was considered as the outcome to be predicted by ML (regression problem). The 153 variables used as predictors were: (i) the PK parameters (CL and V2) obtained using the 154 MAP-BE on C24h, (ii) the simulated C24h (SC_{24h}), (iii) the MAP-BE estimated C24h (EC_{24h}), (iv) 155 the simulated sex and BMI and (v) the η of MAP-BE CL and V2 (corresponding to the 156 estimated deviation (in %) relative to the typical population CL and V2). Additionally, as in 157 previous papers [14] some features were engineered to add information: (i) the differences 158 between SC_{24h} and EC_{24h} ; (ii) the ratio between SC_{24h} and EC_{24h} ; (iii) the relative ratio 159 between SC_{24h} and EC_{24h}. Finally, a total of 12 features were available for training the ML 160 algorithm.

161 2.2.2. Training the machine learning algorithm

Simulations were split into training (75%) and testing (25%) datasets, which were compared using the Wilcoxon test (p < 0.05). An Xgboost algorithm was trained to predict the errors of C24h-CL as compared to refCL, using the Tidymodels framework in R [25]. Briefly, a ten-fold cross-validation was applied to the training dataset to tune the hyperparameters and evaluate the model performances based on the r^2 . A variable importance plot was drawn to evaluate the relative influence of the variables on the error. The predicted error was added to C24h-CL to obtain the corrected CL (corCL):

corCL = C24hCL + Xgboost predicted error

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2.2.3. Xgboost performance in the training and testing datasets

The performances of the Xgboost algorithm developed to correct ISA CL in another 10-fold cross-validation set from the training set (to check out overfitting) and in the testing dataset were evaluated using the MPE%, the relative RMSE% and the percentage of profiles with 173 MPE% out of the ± 20% MPE interval between corCL and refCL. The unexplained error 174 between the refCL and C24h-CL or corCL was plotted as a function of CL to check the 175 dispersion over the CL range.

176 2.2.4. Evaluation of the shrinkage before and after correction

177 The shrinkage of C24h-CL and hybrid model was estimated in the training and testing178 datasets using the formula proposed by Monolix [26]:

Shrinkage =
$$1 - \frac{var(\eta CL_x)}{\omega_{CL}^2}$$

179 Where *x* is the method used, ηCL_x is the random effect of the parameter and ω_{CL}^2 is the 180 variance of the parameter estimate.

181 2.2.5. External evaluation with simulated patients using another POPPK model

182 For external validation of our hybrid algorithm, another set of simulations was obtained 183 using another ISA POPPK model developed from pooled data of phase 1 and phase 3 studies, 184 corresponding to 421 individuals and 6363 drug concentrations [27]. The same methodology 185 as above (including simulations, filtering out of outliers and MAP-BE using MAPBAYR) was 186 applied to draw 200 simulated PK profiles receiving 200 mg/24h by intravenous infusion 187 over one hour. The simulations were performed for non-healthy & caucasian subjects, only 188 using BMI as a covariate on V2 (simulated following the publication data (median[min to 189 max] = 23.6[13.9 to 41.1]). The unexplained errors of each method (MAP-BE and hybrid 190 model) were graphically compared.

191 3. Results

192 3.1. Simulated Data

After excluding the 1% extreme percentiles in CL and V2 (n=233) and thirty-five PK profiles that failed to be estimated by MAPBAYR, 1727 (out of the 2000) simulated profiles remained. The description of the simulated data and features tested as predictors is presented in Supplemental Table 1. No predictors were significantly different between the training and testing datasets. The correlation matrix between the features and predictors is presented in Supplemental Figure 1.

199 3.2. Bayesian estimation of ISA clearance based on full PK profiles or post-dose200 trough plasma concentrations

The refCL and C24h-CL were (mean ± SD [min-max]) 4.9 ± 3.3[1.0-19.2] L/h and 4.4 ± 2.5[1.1-14.8], respectively. The density plot of the error between refCL and C24h-CL was skewed towards high values (log-normal distribution) (Figure 1). Actually, C24h-CL showed a strong deviation toward an underestimation for high values (CL > 5 L/h) as shown in the Figure 2A.

The shrinkage represents the percentage regression to the mean of a parameter distribution. The shrinkage of C24h-CL was 45.6% and 44.6% in the training and testing datasets, respectively.

3.3. Performance of ML to correct C24h-CL estimation errors in the training andtesting datasets

The Xgboost algorithm predicted the error with $r^2 = 0.94$ in the training set and $r^2 = 0.98$ in the testing set (Figure 3). The 3 features engineered were the most important according to the variable importance plot (Figure 4), followed by the CL-related variables (ETA CL and CL predicted). The corCL was (mean ± SD [min-max]) 4.9 ± 3.3[0.9-19.5] L/h. The hyperparameters of the best tuned Xgboost model are presented in the Supplemental Table 2.

The MPE% represents the accuracy of the estimation, the RMSE% represents the imprecision of the estimation. Correction using Xgboost error estimates decreased drastically the MPE% (by 95.8% and 85.6%) and the RMSE% (by 69.5% and 69.0%) in the training and testing sets, respectively (Table 1). Additionally, less than 1% of corCL were outside the ± 20% MPE

- interval in the training set and none in the testing set, corresponding to a decrease of 97.4%and 100% respectively in comparison to C24h-CL (Table 1).
- The hybrid model decreased the shrinkage of ISA CL estimation by 54.0% and 58.5%
 respectively (training: 21.2% and testing: 18.5%).
- 3.4. Evaluation of the hybrid model on a dataset simulated using an independentPOPPK model
- 226 After applying filters, 5/200 full PK profiles were removed. The refCL and C24h-CL were 227 (mean ± SD [min-max]) 3.4 ± 2.2 [0.8-14.1] L/h and 3.0 ± 1.4 [1.0-7.7, respectively. The 228 performances of the hybrid model (corCL) in comparison to the MAP-BE applied to C24H 229 (C24h-CL) are presented in Table 1. The hybrid model decreased the MPE% by approximately 230 96% and the RMSE% by 68% as compared to MAP-BE alone. As for simulations from the first 231 POPPK model, the unexplained error was underestimated (refCL-C24h-CL) for refCL larger for 232 values > 5 L/h (Figure 5). The hybrid model corrected this underestimation accurately for 233 most of the cases but slightly overcorrected for some of them.

234 4. Discussion

In this study, we developed a hybrid algorithm combining MAP-BE and ML, able to estimate
very accurately ISA CL based on the steady-state C24h. The performance obtained with this
hybrid algorithm was better than that of MAP-BE alone.

238 All the data used in this study were obtained by simulation from two independent published 239 POPPK models, one for the development [22] and the other for the validation [27] phases. 240 The former was developed using data from solid organ transplant patients [22] and the 241 latter using the data from the SECURE study [18], corresponding mainly to patients with 242 hematologic malignancies, either active or at the stage of stem cell transplantation. This 243 difference in patient populations may account for the slightly lower performance of our 244 hybrid algorithm in the validation test set but it also suggests that it can be extrapolated to 245 other types of patients on ISA.

We did not evaluate the performance of MAPBAYR in comparison to standard tool (such as NONMEM or Monolix) as it has been already done by Le Louedec et al in the original article 248 [24]. The authors reported, in comparison to NONMEM for the seven real models tested 249 (carboplatin, ibrutinib, pazotinib, cabozantinib, sunitinib, methotrexate and voriconazole), 250 satisfactory performances with overall 97.3% and 99.3% of accurate estimations for PK 251 parameters and PK outcomes used for MIPD, respectively. Additionally, we acknowledge that the estimation of the true CL using MAPBAYR based on all the simulated samples could 252 253 have been avoided by using the simulated CL directly. We did that to mimic real PK profiles 254 in real patients in whom we would have had full PK profiles (but unknown true CL) and 255 evaluated a limited sampling strategy. Finally, the mean CL obtained with MAPBAYR applied 256 to all the samples was identical to the simulated CL (data not shown).

257 MAP-BE fed only with C24h values strongly underestimated ISA CL for values >5 L/h, and the 258 higher the C24h-CL, the stronger the correction made by the hybrid algorithm. Actually, with 259 so little individual information (only 1 concentration), the estimated CL is largely shrunken 260 toward the typical mean population value. Similarly, for values > 2.5 L/h, an overestimation 261 is observed even if to a lower extent than the underpredicted values on Figures 4 and 5. 262 Figure 5 also showed that in 10 cases with high CL values, the hybrid algorithm 263 overcorrected the CL leading to an overestimation of refCL.

264 It is of note that the typical CL in the external validation population was 2.36 L/h (theta 1)
265 while in the results, a mean value of 3.4 L/h was observed. The discrepancy is probably
266 stochastic and linked to the number of simulations as increasing the number of simulations
267 to 1000 led to a mean CL = 2.8 and median = 2.38 L/h.

The bimodal distribution (as function of sex) observed in the unexplained error of MAB-BE C0 was removed after correction (Figure 2). The correction of the shrinkage of CL by the hybrid model is probably mediated by a decrease in the strong influence of the covariate 'Sex' carried by the POPPK model (as this is the only covariate that explain the interindividual variability of CL). In contrast, the covariate 'Sex' provides the least important information for the ML algorithm to predict the unexplained error as shown in the Figure 4.

The correlation matrix between features and predictors shows a strong correlation between some of the predictors, preventing the use of them in a regression or mixed effect analysis. For example, the simulated and predicted concentrations exhibited r = 0.997, CL eta and CL MAP-BE a r = 0.865 or BMI and V2 a r = 1.0. Despite this, all the features were used with a different importance in the VIP plot. This is probably linked to the principle of the Xgboost
algorithm that randomly selects part of the features to build each tree during the iterative
development of the ensemble algorithm.

281 The PK/PD exposure marker initially used in the preclinical model for ISA was the AUC [28– 282 30], but its use in routine practice is complicated since good Bayesian estimation would 283 require more than one concentration-time point. In the present work, the algorithm 284 developed yields very accurate estimation of ISA CL, hence of its AUC (CL = dose/AUC). 285 Thereby, an individualized dose after intravenous administration of ISA can be proposed to 286 reach an individual AUC target derived from the ECOFF or MIC [31]. This hybrid algorithm 287 has not been developed for oral ISA and its development will be performed in further work, 288 even if the relevance of dose adjustment is less pronounced due to the pill dosages (multiple 289 of 100 mg) that do not allow precise dose individualization.

290 We previously developed a similar hybrid algorithm for the estimation of the glomerular 291 filtration rate (GFR) after iohexol administration and found that it decreased the shrinkage 292 and improved the individual predictions [14]. The present study confirms that this 293 methodology is generalizable. It is of note that in the previous work, the glmnet algorithm 294 was also evaluated and yielded slightly better results than the XGboost. However, we did not 295 evaluate it here and chose directly the Xgboost algorithm as (i) when we evaluated both 296 algorithms on different LSS, we observed that the Xgboost obtained a more constant 297 improvement in comparison to the glmnet and (ii) as discussed above, the Xgboost algorithm 298 is less sensitive to the high collinearity between the predictors as compared to linear 299 regression. The principle of Xgboost, an algorithm based on boosting, is to iteratively build a 300 simple regression tree by finding split values among part of the predictors randomly selected 301 that minimize the loss function (here the root mean square error). The iterative process 302 constructs additional regression trees of the same structure including other randomly 303 selected predictors, but minimizes the residual errors of the previous aggregated regression 304 trees.

305 In this work, we did not try to develop a ML algorithm to directly predict the CL of 306 isavuconazole based on features and available concentrations as previously done by our 307 group for other drugs [2,32]. Even if a comparison of the hybrid algorithm with the direct use 308 of a ML algorithm is of interest, the problem with the ML algorithm alone is a loss in 309 interpretability (black box). The aim of the hybrid algorithm is both to improve the 310 performance of existing population pharmacokinetics models while preserving the 311 pharmacological interpretability.

The filtering of extreme simulations prevented Xgboost from learning from unrealistic profiles, even if this algorithm in particular makes nonlinear prediction and discretizes the continuous values into quantiles, which is less sensible to outliers data [33]. Supplemental Figure 2 shows a typical case illustrating that the patients filtered out were characterized by a typical value of CL assigned by MAPBAYR.

Interestingly, the most important variables for predicting the error between refCL and C24hCL were those engineered and those related to CL. Indeed, these variables inform about the
importance of deviation in respect to typical CL in the population.

320 Since this combined algorithm may be complicated to reproduce, we have developed a shiny 321 interface to allow testing it, for research purposes only (<u>https://hybrid-</u> 322 <u>models.shinyapps.io/isavuconazole/</u>).

323 In this work we only evaluated the improvement by using the hybrid algorithm for a single 324 POPPK model. It could be of interest to compare the improvement to recent and accurate 325 model averaging approaches [34]. Indeed in a previous collaborative work, we showed that 326 these approaches had similar (or slightly better) performances in comparison to the ML 327 algorithm that directly estimated the CL of vancomycin [32]. We could also try to develop 328 hybrid algorithms for model averaging approaches but that would require some additional 329 works. Additionally, previous works by other groups have combined POPPK model and ML 330 algorithms. For example, Tang et al combined ML and POPPK to improve antibiotic CL 331 estimation based on covariates while we used both covariates but in addition, the estimated 332 PK parameters, observations and the POPPK model predictions[10]. Another example is the 333 works of Hughes et al who developed a ML algorithm which learned from the error between 334 observations and predictions and was able to select patients in whom it would be better to 335 use flat priors rather than conventional MAP-BE for vancomycin [12].

336 This study has some limitations. First, the algorithm development and validation are only 337 based on simulations, meaning that it still requires validation in "real" patients before it can 338 be implemented in the clinics. Simulations were performed with a single dosage (200 mg) 339 which corresponds to the recommended dose. The impact of ISA dose on pharmacokinetic 340 parameters or as a predictor for the hybrid model was therefore not explored and PK 341 linearity was assumed (i.e. CL is independent of the dose and a dose increase will result in a 342 proportional increase in AUC). The inclusion of the dose would require providing the 343 algorithm with initial simulations for different dose levels and would allow to confirm the 344 hypothesis of dose proportionality. However, the goal of such an algorithm is to propose 345 different doses in the population so that each patient can reach a predefined target and that 346 should be investigated in future works. The absence of clear AUC targets is another 347 limitation and when the strain sensitivity is unknown, the mean AUC target of the SECURE 348 study (100 h.mg/L) can be proposed [27]. Finally, the relevance of TDM has not been 349 evaluated in this work which only proposes tools to perform it.

350 5. Conclusions

In conclusion, the hybrid model associating a POPPK model, MAP-BE with a limited sampling strategy and ML developed here may spearhead a new generation of tools for modelinformed precision dosing in routine practice.

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466Table 1 Performances of different method (MAP-BE and hybrid model) in the training and testing datasets and in the467external set obtained by simulation from Desai A. et al. POPPK model

	Training set		Testing set		External validation [27]	
	C24h-CL	Hybrid model	C24h-CL	Hybrid model	C24h-CL	Hybrid model
MPE (%)	3.4	- 0.15	3.6	- 0.5	7.8	-0.3
RMSE (%)	11.2	3.4	11.4	3.5	16.3	5.2
Out of ± 20% error interval (%)	7.6	0.2	5.6	0	22.4	0

468

MPE is mean predictive error, RMSE is root mean square error and MAP-BE is maximum a posteriori Bayesian estimator

470 Figure Legends

- 471 Figure 1: Density plot of C24h-CL error in the overall simulations.
- 472 Figure 2: Unexplained error (true CL MAP-BE LSS C24H CL or true CL hybrid CL) before
- and after correction of clearances in the training (A) and testing (B) dataset. Males wererepresented by blue points and females by red points.
- 475 Figure 3: Correlation between C24h-CL error and Xgboost estimation error in the training (A)476 and testing (B) dataset.
- 477 Figure 4: Variable Importance Plot for the prediction of the error (reference CL based on
- 478 MAP-BE applied on one simulated sample every 30min between 0 and 24h CL obtained
- using MAP-BE applied on C24H only) by the Xgboost algorithm.
- 480 Figure 5: Unexplained error in CL prediction (ref CL –C24h-CL (grey round) or ref CL hybrid
- 481 CL (black square)) as function of refCL in the external validation set.

482 Supplementary Materials

- 483 Supplemental Table 1: Comparison of predictors in the training and testing datasets.
- 484 Supplemental Table 2: hyperparameters selected for the best Xgboost algorithm
- 485 Supplemental figure 1: Correlation plot between the different evaluated features used to
- 486 predict the difference between the reference clearance and the C24h-CL.

487 Supplemental figure 2: Observed and individual predicted concentrations in a removed
488 simulation. black points: "simulated concentrations"; black line: "individual predicted
489 concentrations".