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Evaluation of the psychological state of spouses of women with cancer in Gabon

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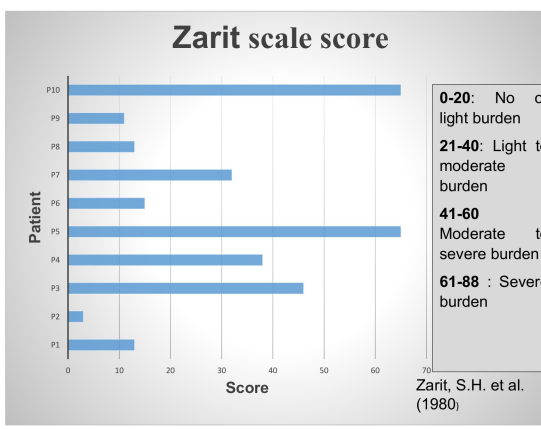
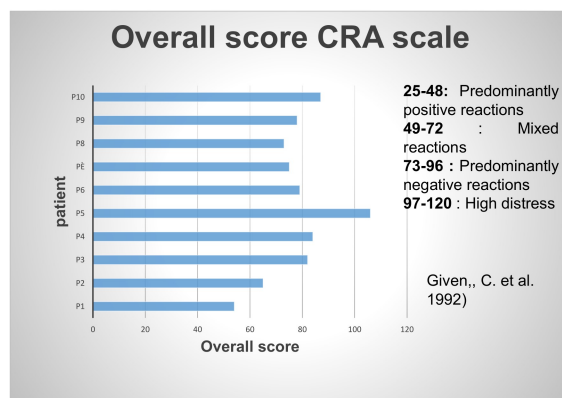
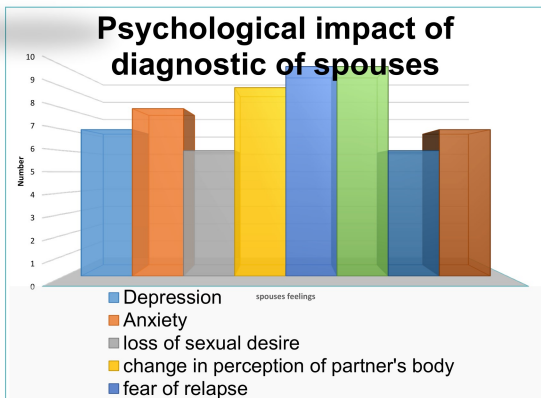
Median age of spouses : 60 IQR: 10
 Median years of marriage: 18,5 IQR: 23

Gabon
 Incidence all sexes: 1876 Mortality : 1094
 Incidence females: 1133 Mortality: 614
 (Globocan, 2022)

Assess the psychological burden of spouses of cancer patients.

- Pilot prospective study, november to december 2022
- Men whose wives are regularly monitored for cancer at the Akanda Cancer Institute
- Subjects were recruited during medical consultations or when their wives were hospitalised
- Interview grid and two standardized scale : the CRA (Caregiver Reaction Assessment) and the Zarit Burden Interview (only under scale A)

Conclusion
 The study is the first carried out in Gabon. These results suggest the need for a psychological care program to support the spouses of women with cancer.



Overall, the CRA scores suggest that the 10 patients are experiencing a range of challenges related to their caregiving roles. Some caregivers may require additional support in specific areas
 Zarit's interpretation: Most patients (6 out of 10) have a mild to moderate burden. Caregivers feel their role has a significant impact on their daily lives